

Rotary
Club of Sonepat
(100% PHF Club)



RI District 3012

2024-25

SWARN PATH
Club # 15396
Chartered : 22/03/1957

Rtn. Stephanie A Urchick
RI President

Rtn. Prashant Raj Sharma
District Governor

Rtn. Dr. Gaurav Dembla
Club President

Rtn. Dr. Sachin Gupta
Club Secretary

PP Rtn. Vijay Mehta
Bulletin Editor

Bulletin No. 12 dated 25th Oct., 2024

SUNDAY
27 OCT
2024

8:30 pm onwards

Next Meeting

Venue:

Shaheed Madan Lal Samudayik Bhawan
(Punjabi Sabha Bhawan)
Bahalgarh Road, Sonipat

MOCs :

**Rty'ne Dr. Priyanka Sehgal &
Rtn. Shive Sehgal**

**Diwali
Celebration**

“Jyotirgamaya 2K24

It will be a Pool Dinner Meeting

Highlights of JYOTIRGAMAYA 2K24:
An evening bound to give zestful experience

Special Attractions :

- Scrumptious Snacks & Flavorous Dinner
- Terrific Lucky Draws
- Customary Lucky 7
- Mind Boggling Tambola
- Chucklesome Games
- Stupefying Game Stalls for Kids
- Galvanic Surprise Gifts
- Electrifying Ambience
- Early-Bird Attractions
- Awe-Impressive Gifts for
 1. Jyotirgamaya Samrat 2k24
 2. Diwali King
 3. Diwali Queen
 4. Diwali Prince
 5. Diwali Princess

HOSTS OF THE DAY:

- PP RTN ANIL CHUGH - POOL LEADER
- PP Rtn Rajeev Garg
- Rtn Ashish Jain
- PP Rtn Tribhuvan Kaushik
- PP Rtn Yogesh Bhagat
- IPP Rtn Sandeep Girdhar
- PP Rtn Pankaj Seth
- Rtn Sumeet Alakh
- Rtn Mukesh Kakkar
- PP Rtn Gaurav Charaya
- Rtn Jagroop Singh
- PP Rtn Kuldeep Solanki
- Rtn Rajat Doda
- Rtn Sanjay Wadhawan
- PP Rtn Surender Dahiya
- Rtn Atul Jain

MEETING DETAILS | Dandiya Night

(Held on 11th October, 2024 at Ronak Garden, Sonipat)

नवरंग - Dandiya Night was celebrated by our Club on 11th October, 2024 at Ronak Garden, Sonipat. It has been our Club's annual feature for the last more than 20 years to organise Dandiya Night in the holy NAVRATRI days. The **MOCs of this meeting were Rty'ne Bhawna Sehgal and Rty'ne Shweta Batra.**

The meeting began with **lighting of lamp** before **Maa Durga** and followed with **recitation of Mantras of Jagat Janani Maa** by our smart **Annet Atharv Dembla** and a **devotional dance beautifully performed by Annet Bani Sehgal.** Another **brilliant performance of little Annet** was by **Avyaan Kathpalia**, who recited **Shalokas from the Holy Gita.**

After this, a number of **innovative games** were conducted by our smart MOCs involving almost everyone present at the venue. It was not only mind-games but musical too. Everyone tried his/her hand on **Dandiya Sticks** and **feet on the floor to enjoy** this entertaining and devotional evening. **Winners of various games were awarded prizes** also. It could be very easily assessed the amount of **hard work put in by the MOCs of the meeting** as they kept everybody involved and glued (while not performing) to their seats.

A good number of prizes were there to grab and the following were luckier ones.

DANDIA KING	PP Rtn. Sanjeev Sarin
Dandiya Queen	Rty'ne Charu Suri
BEST DRESSED ROTARIAN	PP Rtn. Gaurav Luthra
BEST DRESSED ROTARYANNE	Rty'ne Reema Seth & Rty'ne Sakshi Garg
BEST DRESSED ANNET	Annet Simrat Saluja

We sincerely acknowledge the hard work and skills of MOCs **Rty'ne Bhawna Sehgal and Rty'ne Shweta Batra** (who gave an excellent performance too in the end) and **THANK them for providing us a memorable evening.** As the meeting went past midnight, 12th October happened to be **Wedding Anniversary of our PP Rtn Parmod Bhagat & Rty'ne Sandhya Bhagat.** The same was celebrated by **cutting of ANNIVERSARY CAKE** and everybody present congratulated the couple on their Special Day.

The meeting was followed by a **delicious dinner and rich fellowship.**

Glimpses | नवरंग – Dandiya Night



Glimpses | नवरंग - Dandiya Night



Glimpses | नवरंग – Dandiya Night



MEETING DETAILS | Free Rotary Arthritis Screening Camp

(Held on 12th October, 2024 at Darya Ram Hospital, Sonipat)

ROTARY ARTHRITIS CAMP SEES OVERWHELMING RESPONSE

In observance of World Arthritis Day, the Rotary Club, in association with Darya Ram Hospital, organized a **Free Rotary Arthritis Screening Camp** on 12th October, 2024. The event witnessed an enthusiastic response, with over **150 patients registering for the screening**.

President Rtn. Dr. Gaurav Dembla led the initiative, providing free OPD consultations to all patients. The camp aimed to raise awareness about arthritis, promote early detection, and provide accessible healthcare services to those in need.

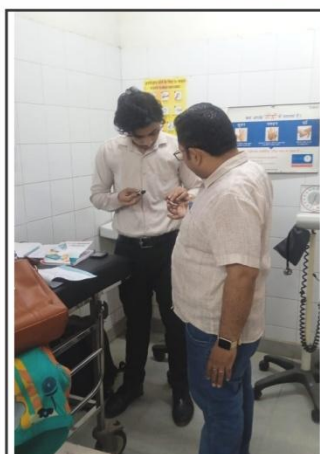
"We are committed to serving the community and improving healthcare outcomes," said Dr. Dembla. "Events like these demonstrate the power of collaboration and community spirit."

The Rotary Club and Darya Ram Hospital reaffirm their dedication to promoting health and well-being, especially for those affected by arthritis.

Event Highlights:

- Free arthritis screening for over 150 patients
- Free OPD consultations by President Rtn. Dr. Gaurav Dembla
- Awareness campaign on arthritis prevention and management

Glimpses | Free Rotary Arthritis Screening Camp



MEETING DETAILS | Diabetes Checkup Camp

(Held on 21st October, 2024 at Darya Ram Hospital, Murthal Road, Sonipat)

DIABETES CAMP (No.14)

Diabetes Awareness for a Healthier Tomorrow.

Our weekly diabetes screening camp was **successfully conducted at Darya Ram Hospital**. We **screened 68 individuals**. In total we have **screened 822 people in our fourteen camps conducted till date**.

FACTS & MYTHS OF DIABETES

Myth: Honey cures Diabetes

Fact: Honey, jaggery (gur) and sugar are prohibited in diabetes.

Myth: Walking barefoot is good for diabetes.

Fact : Walking is the best exercise for a diabetic, but never barefoot. Diabetics are prone to loss of sensation of feet and ulceration which takes a long time to heal. Gangrene may result resulting in amputation.

Reported by | President Rtn Gaurav Dembla

Glimpses | Diabetes Check-up Camp





				
				Rtn. Ashish Batra 27 Oct
				
Rty'ne Richa Saluja 29 Oct	Rtn. Ajay Relan 29 Oct	Rtn. Vipin Dua 29 Oct	Rty'ne Megha Dewan 30 Oct	
				
PP Rtn. Rajeev Garg 01 Nov	Rtn. Jagroop Singh 01 Nov	Rty'ne Ajra Arora W/o Rtn. Sanjay Arora 01 Nov	Annet Pritha Suri D/o Rtn. Sanjay Suri 01 Nov	
				
Annet Tanisha D/o Rtn. Sachin Kukreja 01 Nov	Annet Navika D/o Rtn. Prateek Batra 01 Nov	Rtn. Mukesh Kakkar 02 Nov	Rtn. Nitin Saluja 03 Nov	
				
Annet Rudhi Wadhwa D/o Rtn. Vineet Wadhwa 04 Nov	PP Rtn. Pramod Bhagat 06 Nov	Pres. Rtn. Dr. Gaurav Dembla 08 Nov	PP Rtn. Gaurav Luthra 08 Nov	

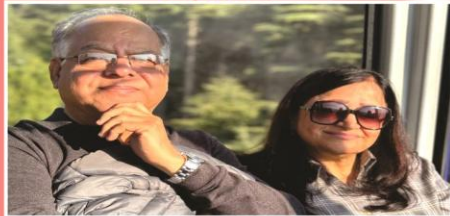
Happy Anniversary



Rtn. Jagroop Singh & Rty'ne Nirmal Singh
30 OCT



Rtn. Rajan Wadhwa & Rty'ne Charu Wadhwa
03 NOV



PP Rtn. CA Ramesh Wadhwa & Rty'ne Archana Wadhwa
03 NOV



Rtn. Prateek Batra & Rty'ne Meenakshi Batra
06 NOV



PP Rtn. Yogesh Bhagat & Rtn. Dr. Neeru Bhagat
10 NOV

Rotary
Club of Sonapat
2024-25



Give The Gift of Sight

SUPPORT CATARACT SURGERIES

PROJECT DRISHTI 2.0

Contact us:

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Rtn. Gaurav Gambhir

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KINDLY DONATE GENEROUSLY

